

Session 3:

Integrated Security: The Conceptual Framework

TIME: 105 MINUTES

ACTIVITIES:

This session consists of three activities: a 'brainstorm' during which participants shout out words that define security in their lives; an 'integrated security presentation' in which facilitators explain the development and meaning of the concept; and a 'group discussion' that gives participants an opportunity to reflect and ask questions.

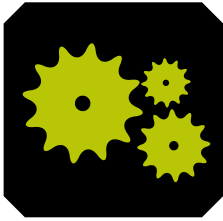
SESSION OBJECTIVES:

- to introduce the integrated security framework; and
- to ensure that participants have an opportunity to define their own concept of security, and to challenge 'received' ideas about the parameters of security.

ADAPTATION NOTES:

This session has been consistently effective and should not require specific adaptation.

The group discussion session is the first 'open session', where participants have an unstructured opportunity to begin sharing their stories and concerns. Facilitators should be flexible and allow time here for whatever arises – this will flow into the next, more structured session on assessing challenges and threats.

EXERCISE:

Defining Security for Ourselves

FORMAT:

BRAINSTORM

TIME: 15 MINREQUIRED MATERIALS: FLIPCHART PAPER AND MARKER PENS.SUMMARY:

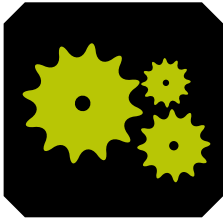
Participants shout out one- or two-word answers to the following question: what does security mean to you? Answers are written on a flipchart. This is the springboard for the following presentation on the integrated security framework.

KEY EXPLANATION POINTS:

- There is always energy – and great honesty – in our initial thoughts.
- Can you tell us the first thoughts and the first words that come into your head when you hear the words ‘safety’ and ‘security’?
- Do not think about it, just shout it out!
- We will not discuss the answers, just list them for now.
- There are no ‘right’ or ‘wrong’ answers – this is your definition of security.

FACILITATION NOTES:

- have one facilitator write the answers on a flipchart while another facilitates the process;
- depending on how much information is gathered, use stacking or other methods to combine the ideas and incorporate them into the next session;
- this is a fun exercise, once people get the hang of it and start to shout out... everything (which is the point). It is meant also to be empowering, because it is redefining security, breaking down the public–private barriers and taking security out of the usual restricted, patriarchal constructs; and
- this exercise sets the stage for the following, major presentation on ‘integrated security’, outlining the workshop’s conceptual framework.

EXERCISE:

Integrated Security Presentation

FORMAT:

PRESENTATION,
GROUP
DISCUSSION

TIME: 60 MINREQUIRED MATERIALS: NONESUMMARY:

This is a strong presentation and sets the tone for the workshop as it introduces its conceptual framework. Key points include how ‘well-being’ and ‘safety’ are interlinked, and an introduction to the ‘personal’ side of security.

FACILITATION NOTES:

- This presentation can be adapted from the manual’s section on ‘What is integrated security?’ within the Summary, which explains the concept of integrated security.
- In addition, portions of this presentation must be adapted specifically to the participant’s context – this information is drawn from pre-workshop interviews and research (as explained in Part One), as well as from the first part of Day One.
- After the presentation, request participants’ reactions to the integrated security presentation. Did anything surprise them, or particularly resonate with them?
- This will be the first opportunity for the participants to begin talking about their experiences and the impacts of the work on their lives. This session should be essentially open and unstructured, with facilitators ensuring that all participants have a chance to speak. The reactions and stories that emerge will help guide the next session on challenges and threats, as many challenges will manifest themselves.
- At the end of this session, facilitators will need to a) respond to specific reactions and b) extract some key themes from the stories for their closing remarks,

underlining that these and other stories more will be discussed in the next session.

Alternative option:

Introduce and weave into the text the presentation on ‘threats’ in this session, rather than in the following Session 4, to keep the discussion flowing.